

DanceCo Ltd.

St. Albert Location - Competitive Program - 2018-2019

- Class placement for the competitive program is at the discretion of the instructor.

INTRO TO PRE-COMP	
DISCIPLINE	DAY & TIME (18-19)
Ballet (Jr 2)	Saturday 11:00 - 12:15
Jazz Tech	Saturday 12:30 - 1:30
Jazz Choreo	Saturday 1:30 - 2:15
MINIS (PREVIOUSLY INTRO TO PRE-COMP)	
DISCIPLINE	DAY & TIME (18-19)
Ballet Choreo	Monday 5:30 - 6:30
Lyrical	Monday 6:30 - 7:15
Acro	Monday 7:15 - 8:00
Tap Tech	Thursday 6:15 - 7:00
Tap Choreo	Thursday 7:00 - 7:30
Hip-Hop	Friday 4:15 - 5:15
Ballet Tech (Jr 3)	Saturday 12:15 - 1:15
Jazz Tech	Saturday 1:45 - 3:00
Jazz Choreo	Saturday 3:00 - 3:45
NOVICE (PREVIOUSLY PRE-COMP)	
DISCIPLINE	DAY & TIME (18-19)
Acro	TBA
Lyrical	Tuesday 5:30 - 6:30
Ballet Tech (Jr 4)	Tuesday 6:30 - 7:30
Ballet Choreo	Thursday 5:00 - 6:00
Tap Tech	Thursday 6:15 - 7:00
Tap Choreo	Thursday 7:00 - 7:30
Hip-Hop	Friday 4:15 - 5:15
Jazz Tech	Saturday 9:30 - 11:00
Jazz Choreo	Saturday 11:15 - 12:00

JUNIORS

(PREVIOUSLY NOVICE 2 COMPETITIVE)

DISCIPLINE	DAY & TIME (18-19)
Stretch	Monday 4:15 - 5:15
Hip-Hop *Based on teacher approval	Monday 5:30 - 6:30
Ballet Choreo	Tuesday 4:30 - 5:30
Lyrical Choreo	Tuesday 5:30 - 6:30
Hip-Hop	Thursday 4:15 - 5:15
Ballet Tech (Jr 5)	Thursday 6:00 - 7:00
Tap Tech	TBA
Tap Choreo	TBA
Lyrical/Contemp Development	Friday 4:15 - 5:15
Jumps and Turns	Friday 5:15 - 6:15
Contemp Choreo	Friday 6:15 - 7:00
Jazz Tech	Saturday 9:30 - 11:00
Jazz Choreo	Saturday 11:15 - 12:00

INTERS

(PREVIOUSLY NOVICE 1 COMPETITIVE)

DISCIPLINE	DAY & TIME (18-19)
Stretch	Monday 4:15 - 5:15
Hip-Hop *Based on teacher approval	Monday 5:30 - 6:30
Ballet Choreo	Monday 6:30 - 7:30
Ballet Free Work (Gr 4) *Based on teacher approval	Monday 7:30 - 8:30 OR Wednesday 7:30 - 8:30
Demi-Pointe (Gr 4) *Based on teacher approval	Monday 8:30-9:15
Tap Choreo	Tuesday 6:30 - 7:15
Hip-Hop *Based on teacher approval	Wednesday 5:15 - 6:15
Hip-Hop	Thursday 4:15 - 5:15
Ballet Tech (Gr 4) *Based on teacher approval	Thursday 5:45 - 7:15
Tap Tech (Gr 5)	Thursday - TBA
Ballet Tech (Gr 3)	Thursday 7:15 - 8:45
Jumps and Turns	Friday 4:15 - 5:15
Lyrical/Contemp Development	Friday 5:15 - 6:15
Lyrical/Contemp Choreo	Friday 6:15 - 7:00
Jazz Tech	Saturday 11:00 - 12:30
Jazz Choreo	Saturday 1:00 - 1:45

Lyrical Choreo	Saturday 1:45 - 2:30
Ballet Free Work (Gr 3)	Saturday 2:30 - 3:30
INTERS (PREVIOUSLY JUNIOR COMPETITIVE)	
DISCIPLINE	DAY & TIME (18-19)
Stretch	Monday 4:15 - 5:15
Hip-Hop *Based on teacher approval	Monday 4:30 - 5:30
Ballet Choreo	Monday 6:30 - 7:30
Ballet Free Work (Gr 5)	Monday 7:30 - 8:30 OR Wednesday 7:30 - 8:30
Tap Choreo	Tuesday 6:30 - 7:15
Ballet Tech (Gr 5)	Tuesday 7:15 - 8:45
Pointe Tech (Gr 5)	Tuesday 8:45 - 9:30
Hip-Hop *Based on teacher approval	Wednesday 5:15 - 6:15
Lyrical/Contemp Development & Contemp Choreo	Wednesday 6:15 - 7:30
Jumps and Turns	TBA
Tap Tech (Gr 6)	Thursday - TBA
Jazz Tech	Saturday 11:00 - 12:30
Jazz Choreo	Saturday 1:00 - 1:45
Lyrical Choreo	Saturday 1:45 - 2:30
SENIORS (PREVIOUSLY INTERMEDIATE COMPETITIVE)	
DISCIPLINE	DAY & TIME (18-19)
Stretch	Monday 4:15 - 5:15
Hip-Hop	Monday 4:30 - 5:30
Tap Choreo	TBA
Ballet Tech (Inter)	Tuesday 5:45 - 7:15 AND/OR Thursday 4:15 - 5:45 *To be eligible for an exam, dancers must take both classes
Jazz Tech	Tuesday 8:15 - 9:45 OR Thursday 7:15 - 9:30
Jazz Choreo	TBA
Ballet Choreo	Wednesday 6:30 - 7:30
Pointe Tech	Saturday 11:00 - 12:00
Pointe Choreo *Tentative*	Saturday 1:00 - 1:45
Lyrical Development	TBA
Lyrical Choreo	Saturday 2:30 - 3:15
Contemp Choreo	Saturday 3:15 - 4:00

Tap Tech	Thursday - TBA
PRO TEAM	
DISCIPLINE	DAY & TIME (18-19)
Stretch	Monday 4:15-5:15
Lyrical Development	Monday 8:30-9:30
Ballet Tech (Gr 6)	Tuesday 5:45-7:15
Ballet Tech (Advanced)	Thursday 4:15-5:45 AND Saturday
Ballet Tech (Inter)	Tuesday 5:45-7:15
Hip-Hop	Monday 7:30-8:30 Wednesday 6:15-7:15
Ballet Choreo	Wednesday 4:15-5:30
Jazz Tech	Tuesday 7:30-9:30
Ballet Free Work	Saturday 10:00-11:00
Pointe Tech	Saturday 11:00-12:00
Ballet Tech Adv Exam Prep	Saturday 9:30-11:00
Jazz Tech	Thursday 7:15-9:30
Adv Acro	Saturday 12:00-1:00
Int Acro	Saturday 2:45-3:45

Edmonton	9104 179 Avenue - Edmonton, AB	780-760-1899
St. Albert	9030 McKenney Avenue - St. Albert, AB	780-460-1899
Stony Plain	#201, 5007 48 Street - Stony Plain, AB	780-591-0090

ONLINE REGISTRATION AVAILABLE AT WWW.DANCECO.NET