

DanceCo Ltd.

Stony Plain Location - Competitive Program - 2018-2019

- Class placement for the competitive program is at the discretion of the instructor.

MINI COMPETITIVE (7 TO 8 YRS)

DISCIPLINE	DAY & TIME (18-19)
Ballet Choreography	Tuesday 4:15 to 5:15
Acro	Tuesday 5:15 to 6:15
Jazz Choreography	Tuesday 6:30 to 7:15
Tap	Thursday 4:15 to 5:15
Ballet Technique (Grade 1)	Thursday 5:15 to 6:15
Hip Hop	Thursday 6:15 to 7:00
Stretch & Strengthen	Friday 4:15 to 4:45
Musical Theatre	Friday 4:45 to 5:45
Jazz Technique	Friday 5:45 to 6:45

JUNIOR COMPETITIVE (9 TO 11 YRS)

DISCIPLINE	DAY & TIME (18-19)
Acro	Tuesday 4:15 to 5:15
Ballet Choreography	Tuesday 5:15 to 6:45
Jazz Choreography	Tuesday 7:15 to 8:15
Contemp Choreography	Wednesday 4:45 to 5:45
Tap Technique	Wednesday 5:45 to 6:30
Ballet Technique (Grade 4)	Thursday 4:15 to 5:15
Jazz Technique	Thursday 5:15 to 6:45
Ballet Technique (Grade 3)	Thursday 7:00 to 8:00
Stretch & Strengthen	Friday 4:15 to 4:45
Musical Theatre	Friday 4:45 to 5:45
Lyrical Choreography	Friday 5:45 to 6:30
Tap Choreography	Friday 6:30 to 7:15
Hip Hop	Friday 7:15 to 8:00

INTERMEDIATE COMPETITIVE (12 TO 14 YRS)

DISCIPLINE	DAY & TIME (18-19)
Ballet Technique (Inter Foundation)	Tuesday 6:45 to 8:15
Pointe	Tuesday 8:15 to 9:00
Ballet Technique (Inter Foundation)	Wednesday 4:15 to 5:30
Jazz Technique	Wednesday 5:45 to 7:15
Contemporary	Wednesday 7:30 to 8:15
Jumps & Turns	Thursday 7:00 to 8:00
Jazz Choreography	Thursday 8:00 to 8:45
Lyrical Choreography	Thursday 8:45 to 9:30
Musical Theatre	Friday 4:45 to 5:45
Ballet Choreography	TBA

SENIOR COMPETITIVE (15 TO 17 YRS)

DISCIPLINE	DAY & TIME (18-19)
Contemporary Development & Choreography	Monday 7:45 to 8:30
Jazz Choreography	Monday 8:30 to 9:15
Jazz Technique	Tuesday 7:15 to 8:45
Lyrical Choreography	Tuesday 8:45 to 9:30
Ballet Technique (Int/Adv Foundation)	Wednesday 6:30 to 7:45
Pointe	Wednesday 7:45 to 8:30
Acro	Wednesday 8:30 to 9:30
Jumps & Turns	Thursday 7:00 to 8:00
Ballet Technique (Int/Adv Foundation)	Thursday 8:00 to 9:30
Ballet Choreography	TBA

Edmonton 9104 179 Avenue - Edmonton, AB 780-760-1899

St. Albert 9030 McKenney Avenue - St. Albert, AB 780-460-1899

Stony Plain #201, 5007 48 Street - Stony Plain, AB 780-591-0090

ONLINE REGISTRATION AVAILABLE AT WWW.DANCECO.NET