



St. Albert Location

Core Program 2022-2023

The following schedule is a GENERAL GUIDELINE ONLY in regards to our Core Program.

Novice - Refers to 1-2 years experience in that discipline

Junior - Refers to 3-5 years experience in that discipline

Intermediate - Refers to 5-7 years experience in that discipline

Senior - Refers to 8+ years experience in that discipline

- In order to assist current DanceCo families (those registered in our 2021-2022 season), we have put each dance name (relevant to 2021-2022) in the first column. Find the name of your dancers' class and the information beside it will provide the level, age and day/time for the upcoming 2022-2023 season. *Please note that this dance name is ONLY to find your day and time for the upcoming year. The dancers will not be doing the same dance again.*
- In some cases, an instructor may recommend your dancer to a different level. If this is the case, the instructor will be in touch with you directly to discuss your options.
- If you have any questions regarding the appropriate placement of your child, please do not hesitate to talk to your child's instructor.
- If you are looking for a particular class and do not see it noted below, please contact us and we can provide more info.
- The overall schedule is not yet complete. Some of the classes below may change slightly and/or additional classes may be added as registration progresses.

BALLET

NAME OF DANCE FOR 2021-2022	LEVEL FOR 2022-2023	AGE FOR 2022-2023	DAY & TIME FOR 2022-2023
Unstoppable/Bibbidi-Bobbidi-Boo/You Make Me Happy <small>*6 year olds must have completed the Primary Ballet level AND been given Instructor approval</small>	Beginner/Novice 1	Ages 6* to 8	Monday 6:30-7:30 OR Wednesday 5:15-6:15 OR Saturday 11:00-12:00
Mischievous Mice/When I Grow Up	Novice 2	Ages 7 to 9	Monday 4:15-5:15 OR Saturday 11:45-12:45
Jungle Cruise/Expelliarmus/Master Chefs	Junior	Ages 8 to 10	Thursday 4:30-5:30 OR Saturday 12:00-1:00
Soarin'	Junior	Ages 9 to 11	Tuesday 6:30-7:30
Beyond The Sea/Alice	Junior	Ages 10 to 13	Thursday 5:30-6:30
Another Day of Sun	Intermediate	Ages 12+	Thursday 8:30-9:30
Mystery In The Studio	Senior	Ages 13+	Monday 7:30-8:30

JAZZ

NAME OF DANCE FOR 2021-2022	LEVEL FOR 2022-2023	AGE FOR 2022-2023	DAY & TIME FOR 2022-2023
Dance It Out/When Can I see You Again <small>*6 year olds must have completed the Primary Jazz level AND been given Instructor approval</small>	Beginner/Novice 1	Ages 6* to 8	Monday 5:45-6:30 OR Wednesday 4:30-5:15 OR Saturday 10:15-11:00
N/A	Beginner	Ages 9 to 11	Monday 6:45-7:30
Get Up and Dance	Novice 2	Ages 7 to 9	Monday 6:30-7:30
Lets Get Loud	Novice 2	Ages 8 to 10	Saturday 10:30-11:30

Wings	Novice 2	Ages 10 to 12	Monday 7:30-8:30
Girls Girls/In This Together/ Hit The Road Jack	Junior	Ages 9 to 11	Monday 6:15-7:15
End Of Time/Bad	Junior	Ages 10 to 12	Saturday 10:45-11:45
Beautiful People	Intermediate	Ages 12 to 14	Thursday 4:15-5:15
Warrior	Intermediate	Ages 13+	Wednesday 7:15-8:15
Round and Round	Senior	Ages 14+	Monday 7:30-8:30

MUSICAL THEATRE

NAME OF DANCE FOR 2021-2022	LEVEL FOR 2022-2023	AGE FOR 2022-2023	DAY & TIME FOR 2022-2023
Christmastown	N/A	Ages 7+	Saturday 1:15-2:00
When You're An Addams	N/A	Ages 11+	Saturday 11:45-12:30

HIP HOP

NAME OF DANCE FOR 2021-2022	LEVEL FOR 2022-2023	AGE FOR 2022-2023	DAY & TIME FOR 2022-2023
N/A	Beginner	Ages 7 to 9	Tuesday 6:30-7:15
HEAT	Beginner/Novice	Ages 10 to 12	Monday 7:15-8:15
N/A	Beginner/Novice	Ages 12+	Tuesday 8:15-9:15
Hold The Drama/2 Many Hits/Jump *6 year olds must have completed the Primary Hip-Hop level AND been given Instructor approval	Beginner/Novice 1	Ages 6* to 8	Tuesday 4:45-5:30
Blast Off/Prime/No Limit	Novice 1	Ages 8 to 10	Wednesday 4:15-5:15 OR Wednesday 5:15-6:15
Get Up!	Novice 2	Ages 8 to 10	Tuesday 5:30-6:30
Get Loose/Rock On!	Novice 2/Junior	Ages 7 to 9	Wednesday 5:15-6:15
Ace of Diamonds/We Like To Party	Junior	Ages 10 to 12	Wednesday 6:15-7:15
Excuuuuse Me	Junior	Ages 10 to 12	Thursday 6:15-7:15
MMACKKABLEZ	Junior	Ages 11 to 13	Tuesday 7:15-8:15
Besties	Junior/Intermediate	Ages 12 to 14	Thursday 5:15-6:15
The Takeover	Intermediate	Ages 12 to 14	Thursday 7:15-8:15
Ignis	Intermediate/Senior	Ages 14+	Wednesday 8:15-9:15
Squad Up	Intermediate/Senior	Ages 13+	Monday 6:15-7:15
Project Three	Boys - Junior/Inter	Ages 11+	Wednesday 7:15-8:15

LYRICAL

NAME OF DANCE FOR 2021-2022	LEVEL FOR 2022-2023	AGE FOR 2022-2023	DAY & TIME FOR 2022-2023
N/A *Lyrical/Contemporary	Beginner	Ages 12+	Monday 8:30-9:30
N/A	Beginner/Novice	Ages 8 to 11	Saturday 1:15-2:15
Love Now	Beginner/Novice	Ages 8 to 11	Wednesday 6:15-7:15

This Is Me	Junior	Ages 10 to 13	Tuesday 7:30-8:30
Hold Onto Me	Junior	Ages 12 to 14	Thursday 7:30-8:30
Nights In White Satin	Senior	Ages 15+	Tuesday 8:30-9:30
ACRO			
NAME OF DANCE FOR 2021-2022	LEVEL FOR 2022-2023	AGE FOR 2022-2023	DAY & TIME FOR 2022-2023
* All dancers interested in being considered for Acro choreography are required to also take a ballet or jazz class alongside the Acro. * If you were previously enrolled in Acro, please contact us for 2022-2023 class placement.			
N/A	Beginner/Novice	Ages 7+	Wednesday 4:15-5:15 OR Wednesday 8:15-9:15
TAP			
NAME OF DANCE FOR 2021-2022	LEVEL FOR 2022-2023	AGE FOR 2022-2023	DAY & TIME FOR 2022-2023
N/A	Beginner	Ages 6 to 8	Monday 4:30-5:15
Lollipop	Novice 1	Ages 7 to 9	Monday 6:30-7:30
Ease On Down	Novice 2	Ages 8 to 10	Wednesday 4:30-5:15
Swinging	Intermediate	Ages 11 to 14	Tuesday 6:30-7:30
Little Monsters	Senior	Ages 14+	Tuesday 7:30-8:30
UKRAINIAN			
NAME OF DANCE FOR 2021-2022	LEVEL FOR 2022-2023	AGE FOR 2022-2023	DAY & TIME FOR 2022-2023
Malenki Polka	Pre-Junior	Ages 7 to 8	Friday 5:15-6:30
Vsim	Junior 3	Ages 9 to 11	Friday 5:45-7:00
Ivanku, Ivanki!	Intermediate 3	Ages 12 to 14	Friday 6:15-7:45
Kozachok	Senior 1	Ages 14 to 16	Friday 7:00-9:00
Oy U Poli	Senior 2	Ages 16+	Friday 7:45-9:45
Vsyt Yabko	Advanced	Ages 16+	Monday 8:15-9:30
ADULT CLASSES			
NAME OF DANCE FOR 2021-2022	LEVEL FOR 2022-2023	AGE FOR 2022-2023	DAY & TIME FOR 2022-2023
N/A	Beginner All Dance (Contemp, Hip-Hop, Jazz)	Ages 18+	Monday 8:15-9:00
Tap Magic	Novice/Junior/Inter Tap	Ages 18+	Monday 8:15-9:15
Ah-Wah	Inter Jazz/Hip Hop	Ages 18+	Wednesday 8:15-9:15
With A Swing	Inter/Adv Tap	Ages 18+	Thursday 8:00-9:00
The Line/Something About You	Inter/Adv Jazz/Lyrical	Ages 18+	Tuesday 8:30-9:30
Viva Las Vegas	Inter/Adv Hip-Hop	Ages 18+	Monday 9:00-10:00

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Online Registration Available

WWW.DANCECO.NET