



## St. Albert Location

### Core Program 2023-2024

**The following schedule is a GENERAL GUIDELINE ONLY in regards to our Core Program.**

Novice - Refers to 1-2 years experience in that discipline

Junior - Refers to 3-5 years experience in that discipline

Intermediate - Refers to 5-7 years experience in that discipline

Senior - Refers to 8+ years experience in that discipline

- In order to assist current DanceCo families (those registered in our 2022-2023 season), we have put each dance name (relevant to 2022-2023) in the first column. Find the name of your dancers' class and the information beside it will provide the level, age and day/time for the upcoming 2023-2024 season. \*Please note that this dance name is ONLY to find your day and time for the upcoming year. The dancers will not be doing the same dance again.\*
- In some cases, an instructor may recommend your dancer to a different level. If this is the case, the instructor will be in touch with you directly to discuss your options.
- If you have any questions regarding the appropriate placement of your child, please do not hesitate to talk to your child's instructor.
- If you are looking for a particular class and do not see it noted below, please contact us and we can provide more info.

### BALLET

| NAME OF DANCE FOR 2022-2023  | LEVEL FOR 2023-2024 | AGE FOR 2023-2024 | DAY & TIME FOR 2023-2024  |
|--|---------------------|-------------------|---|
| N/A  | Beginner            | Ages 8 to 10      | Tuesday 515-615   |
| You Are The Magic/Here Comes The Sun/<br>Beekeepers<br>*6 year olds must have completed the<br>5/6 year Ballet level | Beginner/Novice 1   | Ages *6 to 8      | Monday 415-515 or<br>Saturday 1015-1115                         |
| The Carnival/Maid To Dance/Cruella De<br>Vil   | Novice 2            | Ages 7 to 9       | Monday 615-715 or<br>Wednesday 515-615 or<br>Saturday 1115-1215 |
| Tea Time/The Tea Party   | Junior              | Ages 8 to 10      | Monday 415-515 or<br>Saturday 1245-145                          |
| Hard Knock Life  | Junior              | Ages 9 to 11      | Saturday 1145-1245  |
| Hole In One  | Junior/Inter        | Ages 11 to 14     | Thursday 615-715  |
| Shadows  | Inter               | Ages 12 to 15     | Tuesday 715-815   |
| Treasure Trove   | Senior              | Ages 14+          | Tuesday 730-830   |

### JAZZ

| NAME OF DANCE FOR 2022-2023   | LEVEL FOR 2023-2024 | AGE FOR 2023-2024 | DAY & TIME FOR 2023-2024                |
|---|---------------------|-------------------|---|
| N/A   | Beginner            | Ages 8 to 10      | Wednesday 545-645                       |
| Super Girl/Shake The Room/Me & My<br>Girls<br>*6 year olds must have completed the<br>5/6 year Jazz level | Beginner/Novice 1   | Ages *6 to 8      | Monday 515-600 or<br>Saturday 1115-1200 |

|                                       |          |               |   |
|---------------------------------------|----------|---------------|---|
| Shake It!/Fire Burning/The Race Is On | Novice 2 | Ages 7 to 9   | Monday 515-615 or<br>Wednesday 415-515 or<br>Saturday 1015-1115 |
| Spell On You                          | Novice 2 | Ages 10 to 12 | Monday 700-800  |
| Let's Go Crazy/Shades                 | Junior   | Ages 8 to 10  | Monday 600-700  |
| #EDUCATION                            | Junior   | Ages 10 to 12 | Monday 715-815  |
| Get Dat/March To The Beat             | Junior   | Ages 11 to 13 | Monday 730-830 or<br>Saturday 1045-1145                         |
| Swing                                 | Inter    | Ages 13 to 15 | Thursday 515-615  |
| One Night Only/Vogue                  | Senior   | Ages 13+      | Wednesday 730-830   |

### MUSICAL THEATRE

| NAME OF DANCE FOR 2022-2023 | LEVEL FOR 2023-2024 | AGE FOR 2023-2024 | DAY & TIME FOR 2023-2024 |
|-----------------------------|---------------------|-------------------|--------------------------|
| Positoovity                 | N/A                 | Ages 7 to 11      | Saturday 1245-130        |
| I've Got A Dream            | N/A                 | Ages 12+          | Saturday 1230-130        |

### HIP HOP

| NAME OF DANCE FOR 2022-2023  | LEVEL FOR 2023-2024        | AGE FOR 2023-2024 | DAY & TIME FOR 2023-2024                |
|--|----------------------------|-------------------|---|
| N/A  | Beginner                   | Ages 8 to 10      | Monday 700-800                          |
| N/A  | Beginner                   | Ages 10 to 12     | Tuesday 730-830                         |
| Extra! Extra!/Incredibles/Oompa Loompa<br>*6 year olds must have completed the<br>5/6 year Hip-Hop level | Beginner/Novice 1          | Ages *6 to 8      | Monday 615-700 or<br>Saturday 1000-1045 |
| Snoop Troop  | Beginner/Novice 1          | Ages 8 to 10      | Wednesday 415-515                       |
| Money, Money, Money  | Beginner/Novice 1          | Ages 13+          | Tuesday 815-915                         |
| Party Animals/Didn't Come To Play  | Novice 1                   | Ages 7 to 9       | Monday 515-615 or<br>Tuesday 615-715    |
| The A-Team/Once Upon A Princess  | Novice 2                   | Ages 9 to 11      | Wednesday 515-615                       |
| Back In Time   | Novice 2                   | Ages 11 to 13     | Monday 815-915                          |
| Shopaholics/Super Friends  | Junior                     | Ages 9 to 11      | Tuesday 515-615 or<br>Wednesday 615-715 |
| Hierarchy/Young Aces   | Junior                     | Ages 11 to 13     | Tuesday 715-815                         |
| Hype Kids  | Inter                      | Ages 11 to 13     | Thursday 715-815                        |
| Detention For Dancers  | Inter                      | Ages 13 to 15     | Thursday 815-915                        |
| The Takeover   | Senior                     | Ages 13 to 15     | Thursday 615-715                        |
| NYC  | Senior                     | Ages 13+          | Monday 715-815                          |
| Ignis  | Senior                     | Ages 15+          | Wednesday 830-930                       |
| N/A  | Boys Class-Beginner/Novice | Ages 7 to 9       | Wednesday 430-515                       |
| Project Zero   | Boys Class-Junior/Inter    | Ages 12+          | Wednesday 730-830                       |

### LYRICAL

| NAME OF DANCE FOR 2022-2023 | LEVEL FOR 2023-2024 | AGE FOR 2023-2024 | DAY & TIME FOR 2023-2024 |
|-----------------------------|---------------------|-------------------|--------------------------|
| N/A                         | Beginner            | Ages 8 to 11      | Tuesday 615-715          |
| N/A (Contemp/Lyrical)       | Beginner            | Ages 12+          | Tuesday 830-930          |
| Big Love/You Can Fly        | Novice 2            | Ages 9 to 11      | Wednesday 645-745        |
| Human                       | Junior              | Ages 12 to 14     | Tuesday 730-830          |
| Stand Up (Contemp/Lyrical)  | Junior              | Ages 13+          | Thursday 830-930         |
| Meant To Be/Tonight         | Senior              | Ages 14+          | Wednesday 830-930        |

### ACRO

| NAME OF DANCE FOR 2022-2023 | LEVEL FOR 2023-2024 | AGE FOR 2023-2024 | DAY & TIME FOR 2023-2024 |
|-----------------------------|---------------------|-------------------|--------------------------|
|-----------------------------|---------------------|-------------------|--------------------------|

\* All dancers enrolling in an Acro class are required to also take a ballet or jazz class alongside the Acro.

\* If you were previously enrolled in Acro, please contact us for 2023-2024 class placement.

|                                   |                   |             |                            |
|-----------------------------------|-------------------|-------------|----------------------------|
| N/A                               | Beginner/Novice 1 | Ages 5 to 6 | See Preschool/Primary List |
| N/A                               | Beginner/Novice 1 | Ages 7+     | Thursday 715-815           |
| N/A<br>*Teacher Approval Required | Novice            | Ages 7+     | Thursday 615-715           |

### TAP

| NAME OF DANCE FOR 2022-2023     | LEVEL FOR 2023-2024 | AGE FOR 2023-2024 | DAY & TIME FOR 2023-2024 |
|---------------------------------|---------------------|-------------------|--------------------------|
| Five Little Penguins            | Beginner/Novice 1   | Ages 6 to 8       | Saturday 1130-1215       |
| Boogie Woogie Bugle Boy/5,6,7,8 | Novice 2            | Ages 7 to 9       | Monday 630-730           |
| Never Dull                      | Inter               | Ages 12 to 15     | Tuesday 615-715          |
| Had It All                      | Senior              | Ages 15+          | Tuesday 715-815          |

### UKRAINIAN

| NAME OF DANCE FOR 2022-2023    | LEVEL FOR 2023-2024 | AGE FOR 2023-2024 | DAY & TIME FOR 2023-2024 |
|--------------------------------|---------------------|-------------------|--------------------------|
| N/A                            | Beginner 1          | Ages 4 to 5       | Friday 430-500           |
| Malenky Dity                   | Beginner 2          | Ages 5 to 6       | Friday 430-530           |
| Veseli Tanets                  | Pre Junior          | Ages 6 to 7       | Friday 500-600           |
| Kozachok                       | Junior              | Ages 8 to 9       | Friday 530-645           |
| Raz Dva Tre                    | Pre Intermediate    | Ages 10 to 12     | Friday 600-730           |
| Yarema                         | Intermediate        | Ages 13 to 15     | Friday 645-815           |
| Luchshe Bulo/Tambourine Tanets | Senior 1            | Ages 15 to 19     | Friday 730-900           |
| Kozaky                         | Senior 2 Boys       | Ages 15 to 19     | Friday 900-945           |
| Hutsulka Suite                 | Senior 2 Girls      | Ages 15 to 19     | Friday 900-945           |
| Moloko                         | Advanced            | Ages 18 to 21     | Monday 815-945           |

### ADULT CLASSES

| NAME OF DANCE FOR 2022-2023 | LEVEL FOR 2023-2024       | AGE FOR 2023-2024 | DAY & TIME FOR 2023-2024 |
|-----------------------------|---------------------------|-------------------|--------------------------|
| N/A                         | Beginner/Novice All Dance | Ages 18+          | Monday 800-845           |

|                      |                         |          |                   |
|----------------------|-------------------------|----------|-------------------|
| Let's Go Tappers     | Inter Tap               | Ages 18+ | Monday 800-900    |
| N/A                  | Inter/Advanced Tap Tech | Ages 18+ | Monday 745-845    |
| Kisses In The Night  | Advanced Tap            | Ages 18+ | Thursday 800-915  |
| Like A Madonna       | Inter Jazz/Hip Hop      | Ages 18+ | Wednesday 815-915 |
| Unapologetic & Exile | Inter/Adv Jazz/Lyrical  | Ages 18+ | Tuesday 815-930   |

**9030 McKenney Ave St. Albert, AB**

**Ph. 780.460.1899**

Online Registration Available

[WWW.DANCECO.NET](http://WWW.DANCECO.NET)