



St. Albert Location Core Program 2025-2026

CORE PROGRAM

This program runs from September to June, and is for dancers aged 6 to adult

Classes in our Core program will participate in Dress Rehearsal (March),
2-3 competitions (April/May), and our Year End Recital (June)

LEVELS

Novice - 2 to 3 years in that discipline (style of dance)

Junior - 3 to 6 years in that discipline (style of dance)

Intermediate - 5 to 7 years in that discipline (style of dance)

Senior - 8+ years in that discipline (style of dance)

FOR CURRENT DANCECO FAMILIES

We have put the 2024/25 dance names in the first column. Find the name of your dancers' class and the information beside it will provide the level, age and day/time for the upcoming 2025/26 season.

Please note that this dance name is ONLY to find your day and time for the upcoming year. The dancers will not be doing the same dance again

REMINDERS

In some cases, an instructor may recommend your dancer to a different level.
If this is the case, the instructor will be in touch with you directly to discuss your options.

If you have questions regarding the appropriate placement of your child, please do not hesitate to contact us!

If you are looking for a particular class and do not see it noted below, please fill out the class request form at the bottom of the schedule.

Some of the classes below may change times slightly and/or additional classes may be added as registration progresses.

BALLET

NAME OF DANCE FOR 2024–2025	LEVEL FOR 2025-2026	AGE FOR 2025-2026	DAY & TIME FOR 2025-2026
Open to dancers that have completed a year of age 5/6 ballet, and beginner dancers ages 6 to 8.	Beginner/Novice 1	Ages 6 to 8	Monday 5:15-6:15 OR Saturday 9:30-10:30
A Mad Tea Party	Beginner/Novice	Ages 9 to 11	TBA
Prima Ballerina / Someday / When You Wish Upon A Star Open to dancers that have completed a year of age 5/6 Ballet	Novice 1	Ages 6 to 8	Wednesday 5:15-6:15
Tropical Adventure	Novice 2	Ages 7 to 9	Wednesday 5:15-6:15
The Waltzing Cat / Save The Day	Novice 2/Junior	Ages 7 to 9	Saturday 10:30-11:30
S'more To Explore / Old Times	Novice 2/Junior	Ages 8 to 10	Monday 4:15-5:15
*Teacher Recommendation Required	Junior	Ages 10 to 13	Monday 7:00-8:00
Work Song	Junior	Ages 9 to 11	Wednesday 6:15-7:15
Material Girl / Yellow	Junior	Ages 10 to 12	Monday 4:15-5:15 OR Saturday 12:30-1:30
Bonjour, Paris	Senior	Ages 14+	Tuesday 6:15-7:15
N/A (Demi-Pointe.Pointe Tech) *Teacher Recommendation Required	Senior	Ages 13+	Thursday 5:45-6:30

JAZZ

NAME OF DANCE FOR 2024–2025	LEVEL FOR 2025-2026	AGE FOR 2025-2026	DAY & TIME FOR 2025-2026
N/A	Beginner	Ages 8 to 10	Thursday 5:30-6:30
Open to dancers that have completed a year of age 5/6 Jazz, and beginner dancers ages 6 to 8.	Beginner/Novice 1	Ages 6 to 8	Monday 6:15-7:00
Dance The Night / Strike a Pose / Strut Your Stuff Open to dancers that have completed a year of age 5/6 Jazz	Novice 1	Ages *6 to 8	Wednesday 6:15-7:00
The Polar Express	Novice 1	Ages 9 to 11	Thursday 6:30-7:30
Do It Like This	Novice 2	Ages 12+	Tuesday 7:30-8:30
Beach Day / Boogie Shoes / Diamonds / Friend Like Me	Novice 2/Junior	Ages 7 to 9	Monday 5:15-6:15 OR Saturday 11:30-12:30
Hand Clap / Shake It Off	Novice 2/Junior	Ages 9 to 11	Wednesday 5:15-6:15
Ice Cream Freeze / Let's Get Loud/ SOS	Junior	Ages 9 to 11	Monday 5:15-6:15 OR Saturday 11:30-12:30
*Teacher Recommendation Required	Junior	Ages 10 to 13	Wednesday 6:15-7:15
Praise / SOS	Junior	Ages 11 to 13	Monday 6:15-7:15
Disturbia / We're Gonna Party	Inter	Ages 12 to 14	Monday 6:15-7:15

Sunny *Teacher Recommendation Required	Inter	Ages 12 to 14	Tuesday 5:15-6:15
Catch Ya	Senior	Ages 14+	Wednesday 7:15-8:15
Haunted *Teacher Recommendation Required	Senior	Ages 14+	Tuesday 7:30-8:30

MUSICAL THEATRE

NAME OF DANCE FOR 2024-2025	LEVEL FOR 2025-2026	AGE FOR 2025-2026	DAY & TIME FOR 2025-2026
N/A	N/A	Ages 7 to 9	Tuesday 4:15-5:00
What I Was Born To Do	N/A	Ages 7 to 11	Saturday 12:30-1:30
Thirteen	N/A	Ages 12+	Saturday 10:30-11:30

HIP HOP

NAME OF DANCE FOR 2024-2025	LEVEL FOR 2025-2026	AGE FOR 2025-2026	DAY & TIME FOR 2025-2026
N/A	Beginner	Ages 7 to 9	Monday 6:15-7:00
N/A	Beginner	Ages 10 to 13	Monday 7:00-8:00
N/A	Beginner	Ages 13+	Thursday 8:30-9:30
Youngins	Beginner/Novice 1	Ages 6 to 8	Monday 5:15-6:00
B.E.P.	Novice 1	Ages 9 to 11	Tuesday 4:15-5:15
Little Legends / Troublemakers	Novice 2	Ages 7 to 9	Tuesday 4:30-5:30 OR Thursday 6:30-7:30
Divas / Steppin' Out / TDQ	Junior	Ages 8 to 10	Tuesday 5:15-6:15
B02/Tenacity 2.0	Junior	Ages 10 to 12	Wednesday 7:15-8:15
The Troublemakers 2.0 / Tenacity 2.0	Junior	Ages 10 to 13	Monday 8:00-9:00
*Teacher Recommendation Required	Junior	Ages 10 to 13	Tuesday 7:15-8:15
The Imprint	Inter	Ages 12 to 14	Thursday 7:30-8:30
Elerous	Inter	Ages 13+	Tuesday 8:30-9:30
Change The Channel	Senior	Ages 14+	Wednesday 8:15-9:15

CONTEMPORARY

Oh Mother (Lyrical/Contemp)	Novice 2	Ages 12+	Tuesday 8:30-9:30
Choked Up *Teacher Recommendation Required	Senior	Ages 14+	Thursday 7:30-8:30
First Contact	Senior	Ages 14+	Thursday 8:30-9:30

LYRICAL

NAME OF DANCE FOR 2024-2025	LEVEL FOR 2025-2026	AGE FOR 2025-2026	DAY & TIME FOR 2025-2026
N/A	Beginner	Ages 8 to 11	Tuesday 4:30-5:15
N/A	Beginner	Ages 12+	Monday 8:15-9:15
Hands In Mine	Novice 1	Ages 9 to 11	Wednesday 4:15-5:15

Oh Mother (Lyrical/Contemp)	Novice 2	Ages 12+	Tuesday 8:30-9:30
Little Do You Know	Junior	Ages 10 to 12	Tuesday 6:30-7:30
Wondering	Junior	Ages 11 to 13	Monday 7:15-8:15
*Teacher Recommendation Required	Junior/Intermediate	Ages 10 to 13	Wednesday 4:15-5:15
Surrender	Inter	Ages 14+	Tuesday 6:30-7:30
We Don't Have Forever	Senior	Ages 14+	Wednesday 8:15-9:15
Don't Doubt It *Teacher Recommendation Required	Senior	Ages 14+	Tuesday 8:30-9:30

ACRO

NAME OF DANCE FOR 2024–2025	LEVEL FOR 2025-2026	AGE FOR 2025-2026	DAY & TIME FOR 2025-2026
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* If you were previously enrolled in Acro, please contact us for 2025-2026 class placement.

N/A	Beginner/Novice	Ages 7+	Friday 6:15-7:15 OR Saturday 11:30-12:30
N/A	Novice	Ages 7+	Saturday 12:30-1:30
N/A	Novice/Junior	Ages 7+	Friday 7:15-8:15
N/A	Junior	Ages 7+	Saturday 1:30-2:30

TAP

NAME OF DANCE FOR 2024–2025	LEVEL FOR 2025-2026	AGE FOR 2025-2026	DAY & TIME FOR 2025-2026
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Soda Pop	Novice 1	Ages 9 to 11	Wednesday 4:15-5:15
Gotta Get It / Sea Cruise	Junior	Ages 7 to 9	Saturday 9:30-10:30
Dance With Me	Junior	Ages 9 to 11	TBA
Turn The Music Up	Intermediate	Ages 13+	TBA

UKRAINIAN

NAME OF DANCE FOR 2024–2025	LEVEL FOR 2025-2026	AGE FOR 2025-2026	DAY & TIME FOR 2025-2026
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Melanky Divchata	Beginner 1	Ages 4 to 6	Friday 4:30-5:15
Poltavsky Dity	Beginner 2 & Pre Juniors	Ages 6 to 8	Friday 4:30-5:30
Our Dance Partner	Junior 2	Ages 8 to 10	Friday 5:30-6:30
Kozaky	Junior/Intermediate	Ages 10 to 15	Friday 5:15-6:30
Tanets Pid Tsymbaly	Junior 3	Ages 10 to 13	Friday 6:30-8:00
Poppy Tanets	Intermediate	Ages 13 to 16	Friday 6:30-8:00
Hopak	Senior 1	Ages 16+	Friday 8:00-9:30
Hutsulski Kolo	Senior 2	Ages 16+	Friday 9:30-10:30
*New Senior Class	Senior 3	Ages 16+	Sunday 7:00-8:30
Oy Bida	Senior/Adult	Ages 18+	Monday 8:00-9:30

ADULT CLASSES

NAME OF DANCE FOR 2024–2025	LEVEL FOR 2025-2026	AGE FOR 2025-2026	DAY & TIME FOR 2025-2026
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Fosse	Beginner/Novice All Dance	Ages 18+	Monday 8:15-9:15
N/A	Beginner Tap	Ages 18+	Monday 7:30-8:15
Hoodlums	Advanced Tap	Ages 18-25	Thursday 5:45-6:30
Fandango	Advanced Tap	Ages 18+	Thursday 8:15-9:15
The View / You Ready	Intermediate/Adv Jazz/Lyrical	Ages 18+	Tuesday 8:30-9:30
Show Off	Intermediate Jazz/Hip-Hop	Ages 40+	Wednesday 8:00-9:00
Wavering	Intermediate Lyrical	Ages 40+	Wednesday 9:00-9:45
House Party	Intermediate Hip Hop	Ages 18+	Thursday 8:30-9:30

9030 McKenney Ave St. Albert, AB

Ph. 780.460.1899

Online Registration Available

WWW.DANCECO.NET