



## DRESS CODE REQUIREMENTS (Core Program)

### WHERE TO BUY

- Karries Kostumes (780-460-2626) in Tudor Glen, St. Albert
- Adajio Dance & Skate Apparel (780-457-0006) in Castledowns, Edmonton
- All 4 Dance (780-489-4269) in the West End of Edmonton
- Ignite Dance Boutique (587-461-1807) in Spruce Grove

### HAIR

Hair for all disciplines should be neatly pulled off of the dancers face.

Classical buns are required for all ballet classes.

### BACK TO BACK CLASSES

Young dancers in back to back classes, with different coloured tights/bodysuits can wear the same bodysuit/tights for both classes so that changing is not required.

Convertible tights are recommended if bare feet are required for either class.

### FORM FITTING DANCEWEAR

Many of our core classes list "Form Fitting Dancewear", which includes:

- Bodysuit & Tights
- Form Fitting Tank Top & Dance Shorts/Leggings
- No baggy clothing, baggy t-shirts, jeans, sweats or pajamas, as our instructors must be able to see the dancers body & alignment

### DRESS CODE OPTIONS

All dancers are welcome to choose either Option 1 (previously female option) or Option 2 (previously male option) for any classes with multiple choices listed.

While our dress code was previously listed by gender, we have adjusted this to ensure all dancers feel comfortable in class and can choose the dress code that will provide them with the best dance experience.

We ask that you please do not mix and match between Option 1 and Option 2.

Note For Costuming:

Ballet - Jazz - Contemporary - Lyrical - Tap

Option 1 footwear (pink or beige) is typically paired with tights & dresses/unitards for stage costuming, while Option 2 footwear (black) is typically paired with pants for stage costuming.

## ACRO

- Bodysuit or Half Top/Tight Tank Top & Shorts
- Bare Feet (No Socks, Tights, Shoes)
- Hair Pulled Back (Braids Preferred)
- No Jewelry

## HIP HOP

- Loose Pants, T-Shirt or Tank Top (No Jeans)
- Clean Indoor Running Shoes

\*\* Dancers will require a specific color/style shoe for performances & photos, however they will be included with their costume.

## BALLET

### Option 1 (Previously Female Option)

- Black Bodysuit (Brand - Mondor #3523)
- Mondor Ballet Pink Footed Tights (Brand - Mondor #310)
- Pink Leather Ballet Slippers, Full Sole, with Elastics (Brand - Bloch #S0205)

### Option 2 (Previously Male Option)

- White T-Shirt
- Black Shorts
- Black Ballet Slippers, with Elastics

## JAZZ, CONTEMPORARY, LYRICAL, MUSICAL THEATRE

### Option 1 (Previously Female Option)

- Form Fitting Dancewear
- Tan Slip On Jazz Bloch (Brand - Bloch #S0499)

### Option 2 (Previously Male Option)

- White T-Shirt
- Black Shorts
- Black Slip On Jazz (Brand - Bloch #S0499)

## TAP

### Option 1 (Previously Female Option)

- Form Fitting Dancewear
- Beginner, Novice & Junior:  
Beige Tap Shoes (Brand - Bloch Tap-On #S0302)
- Inter & Senior:  
Black Tap Shoes (Brand - Bloch #S0301)

### Option 2 (Previously Male Option)

- White T-Shirt
- Black Shorts
- Black Lace Up Tap Shoes (Brand - Bloch #S0301)

## UKRAINIAN

### Option 1 (Previously Female Option)

- Black Bodysuit
- Caramel Footed Tights (Brand - Mondor #310)
- Red Ballet Slippers

### Option 2 (Previously Male Option)

- White T-Shirt
- Black Shorts
- Black Ballet Slippers, with Elastics

## ADULT

### Jazz & Lyrical

- Dancewear - Easy To Move In
- Tan Slip On Jazz Bloch (Brand - Bloch #S0499)

### Tap

- Dancewear - Easy To Move In
- Black Tap Shoes (Brand - Bloch #S0301)

### Hip Hop

- Dancewear - Easy To Move In
- Clean Indoor Running Shoes